



Crisis, Information & Referral Line

Mental Health and Substance Use

410-433-5175

We are always open and waiting for your call — 24/7
For men, women & children - with or without insurance

Crisis

- Call us if you have an urgent need for mental health or substance use treatment
- Someone you can trust will help you over the phone or in person

Information

- Find out how to get free medicine to stop an overdose from heroin or painkillers
- Learn where to find medical care and other resources

Referral

- Get into detox or rehab
- Find mental health treatment
- If you are calling about someone else, they must be with you when you call

