



## **B'More Healthy Babies Celebrates Community Health Champions at Annual Refresh Event**

*100+ Frontline Workers Honored at Maryland Zoo Gathering Focused on Self-Care and Recognition*

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**Baltimore, MD (May 30, 2025)** – Family League hosted its annual B'More for Healthy Babies Refresh event at the Maryland Zoo's historic Mansion House, bringing together 100+ dedicated community health workers for a day of appreciation and wellness activities.

### **Recognizing Baltimore's Health Equity Champions**

The event honored the frontline workforce that serves as the backbone of Baltimore's maternal and infant health initiatives. Attendees included community health workers, home visitors, lactation specialists, HIPPIY coordinators, and care coordination team members who collectively reach 3,200 pregnant women and new parents annually across the city.

"Each person in this room is an important piece of B'More for Healthy Babies' impact on families and communities," said Demaune A. Millard, President & CEO of Family League of Baltimore, addressing the gathering. "Whether you're conducting home visits, coordinating care, or connecting families to resources—you are essential."

The day featured yoga sessions in the Waterfowl Pavilion, chair massages, therapy dog visits, and special appearances by zoo animals including penguins and an armadillo. The unique setting provided a restorative environment designed to emphasize the importance of self-care for those who dedicate their careers to caring for others.

### **Understanding B'More for Healthy Babies' Mission**

B'More for Healthy Babies represents a comprehensive approach to reducing infant mortality and improving birth outcomes in Baltimore. The initiative brings together community organizations, healthcare providers, and city agencies to address systemic barriers affecting maternal and child health. Through home visiting programs, community engagement, and targeted support services, the network works to ensure every baby born in Baltimore has the opportunity to thrive.

Nina Kearin, B'More for Healthy Babies Program Director, reflected on the event's significance: "It is amazing to have the opportunity to create a special day of fun, relaxation, connection, and self-care for our B'More for Healthy Babies partners who work incredibly hard and deserve a day that is just about them."

### **Family League's Strategic Health Investment**

As Baltimore's designated Local Management Board, Family League channels strategic investments toward community-driven health solutions. B'More for Healthy Babies is a longstanding community impact portfolio partner for Family League. The organization invests in maternal and infant health programming through partnerships with CareFirst BlueCross BlueShield, the City of Baltimore, the Maryland Department of Health, and federal agencies. Through data-informed approaches and community partnerships, the initiative has demonstrated measurable success in connecting families to critical resources and improving health outcomes across Baltimore's most vulnerable neighborhoods.

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## About Family League of Baltimore

Family League of Baltimore is a 501(c)(3) nonprofit organization and the designated Local Management Board for the City of Baltimore. Since 1991, the organization has worked collaboratively to support data-informed, community-driven solutions that align resources to dismantle the systemic barriers which limit the possibilities for children, families, and communities. Guided by core values of stewardship, performance, trust, respect, and equity, Family League has invested \$19+ million to 84 community-based partners in the 2024 fiscal year, benefiting more than 14,000 children, youth, and adults in Baltimore.

For more information, visit [www.familyleague.org](http://www.familyleague.org).

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